

Contents

1 Introduction	3	Projection of the Pelvis.....	28
Zones of Projection	6	Pelvis—Overview	28
2 Projection of the Locomotor System	8	Pubic Bone.....	28
Auricular Innervation,		Sacroiliac Joint	30
Projection of Germ Layers	8	Perineum.....	30
The Three Germ Layers:		Projection of the Lower Limb .	32
Ectoderm, Endoderm,		Entire Lower Limb.....	32
Mesoderm	8	Hip Joint.....	32
Projection of the Locomotor System.....	10	Knee Joint.....	34
Locomotor System—		Ankle Joint.....	34
Overview	10	Buttock	36
Projection of the Vertebral Column/Thorax.....	12	Thigh.....	36
Entire Vertebral Column	12	Lower Leg.....	38
Structures of the Vertebral Column.....	12	Foot	38
Cervical Spine	14	Heel	40
Thoracic Spine	14	Achilles Tendon	40
Lumbar Spine	16	Toes	42
C0/C1 (Atlanto-occipital Joint).....	16	Projection of the Upper Limb .	44
C7/T1.....	18	Upper Limb—Overview	44
T12/L1.....	18	Large Joints—Overview	46
L5/S1		Shoulder Joint.....	46
(Lumbosacral Transition)....	20	Acromioclavicular Joint	48
Coccyx.....	20	Elbow Joint	48
Sacral Spine.....	22	Wrist	50
Thorax—Overview.....	22	Upper Arm.....	50
Ribs	24	Forearm	52
Sternum	24	Finger	52
Clavicle	26	Metacarpophalangeal Joint	
Trunk Muscles.....	26	of Thumb	54
		Carpometacarpal Joint of	
		Thumb	54

3 Projection of the Internal Organs	56	Projection of the Urogenital System.....	82
Internal Organs—Overview..	56	Urogenital System—Overview	82
Projection of the Cardiovascular System	58	Kidney.....	82
Heart.....	58	Ureter	84
Blood Vessels.....	58	Urinary Bladder	84
Lymph Vessels.....	58	Urethra	86
Projection of the Respiratory System.....	60	Uterus.....	86
Respiratory System—Overview	60	Ovary/Testis.....	88
Lung.....	60	Vagina.....	88
Bronchi.....	62	Prostate/Fallopian Tube	90
Trachea	62	Penis/Clitoris.....	90
Throat (Pharynx)	64	Projection of the Endocrine System.....	92
Projection of the Gastrointestinal System	66	Endocrine System—Overview	92
Gastrointestinal System—Overview	66	Thyroid Gland.....	92
Esophagus	66	Parathyroid Gland	94
Stomach	68	Thymus Gland.....	94
Duodenum.....	68	Pancreas	96
Jejunum/Ileum (Small Intestine).....	70	Adrenal Gland (Cortisone Point).....	96
Colon (Large Intestine).....	70	4 Projection of the Head	98
Appendix	72	Head—Overview.....	98
Rectum	72	Bony Skull	98
Anus	74	Projection of the Temporo-mandibular Joint	100
Liver.....	74	Temporomandibular Joint....	100
Gall Bladder.....	76	Projection of the Jaws and Teeth	102
Pancreas.....	76	Upper and Lower Jaws, Teeth	102
Projection of the Immune System.....	78	Projection of the Lips and Tongue	104
Spleen	78	Lips	104
Thymus Gland.....	78	Oral Cavity, Tongue	104
Tonsils.....	80		
Lymph Nodes	80		

Projection of the Tonsils and Throat	106	Cerebellum	140
Tonsils.....	106	Brain Stem.....	142
Throat (Pharynx).....	106	Vomiting Point	142
Projection of the Eyes and Nose.....	108	Reticular Formation	144
Eye.....	108	Spinal Cord	146
Nose.....	108	Projection of the Cranial Nerves.....	148
Projection of the Paranasal Sinuses and Ear.....	110	Cranial Nerves—Overview...	148
Paranasal Sinuses.....	110	Olfactory Nerve (CN I)	150
Ear	110	Optic Nerve (CN II)	150
Projection of the Facial Muscles and Parotid Gland	112	Oculomotor Nerve (CN III)...	152
Facial Muscles.....	112	Trochlear Nerve (CN IV).....	152
Parotid Gland	112	Trigeminal Nerve (CN V)	154
Projection of the Occipital Trigger Points	114	Abducens Nerve (CN VI)	154
Occipital Trigger Points	114	Facial Nerve (CN VII).....	156
5 Projection of the Nervous System	117	Vestibulocochlear Nerve (CN VIII)	156
Projection of the Central Nervous System	118	Glossopharyngeal Nerve (CN IX)	158
Central Nervous System—Overview	118	Vagus Nerve (CN X).....	160
Cerebral Lobes—Overview...	120	Accessory Nerve (CN XI)	162
Cortex	120	Hypoglossal Nerve (CN XII) ..	162
Frontal Lobe	122	Projection of the Autonomic Nervous System	164
Parietal Lobe	124	Autonomic Nervous System—Overview	164
Temporal Lobe	126	Sympathetic Nervous System—Overview	166
Auditory Line	126	Parasympathetic Nervous System—Overview	168
Occipital Lobe.....	128	Sympathetic Nuclei of Origin (Preganglionic Sympathetic Nerves)	170
Corpus Callosum	128	Sympathetic Trunk (Paravertebral Chain of Sympathetic Ganglia, Postganglionic Sympathetic Nerves).....	172
Thalamus	130	Superior Cervical Ganglion ..	174
Hypothalamus	132		
Pituitary Gland.....	134		
Pituitary Gland Points	136		
Limbic System.....	138		

Middle Cervical Ganglion ...	174	Prostaglandin E1 Point (PGE1 Point)	206
Inferior Cervical Ganglion (Stellate Ganglion).....	176	Prostaglandin E2 Point (PGE2 Point)	208
Nervous Organ Points.....	178	Interferon Point	208
Parasympathetic Nuclei of Origin	180	Renin/Angiotensin Point	210
Prevertebral Ganglions— Overview	180	Beta-1-Receptor Point (Beta-Blocker Point According to Bahr).....	210
Bronchopulmonary Plexus ..	182	Beta-2-Receptor Point (Beta- Mimetic Point According to Bahr).....	212
Cardiac Plexus.....	182	Medication Analogue Points..	214
Celiac Plexus (Solar Plexus)..	184	Diazepam Analogue Point (Valium Point According to Bahr).....	214
Superior Mesenteric Plexus .	186	Barbiturate Analogue Point..	214
Inferior Mesenteric Plexus ..	186	Caffeine Analogue Point....	216
Hypogastric Plexus	188	Nervous Organ Points.....	218
Peripheral Nervous System..	190	Nervous Organ Points— Overview	218
6 Functional Points.....	192	Anger Point Syn. Nervous Liver Point	218
Functional Points—Overview	192	Psychotropic Points	220
Hormone and Metabolite Points	194	Psychotropic Points— Overview	220
Hormone and Metabolic Points—Overview.....	194	Master Omega Point (Bromo- zepam Analogue Point)	220
Estrogen Point.....	194	Omega Point I	222
Progesterone Point	196	Omega Point II	222
Gonadotropin Point.....	196	Depression Point	224
ACTH Point	198	Anxiety Point	224
TSH Point	198	Worry Point.....	226
Prolactin Point	200	Anger Point	226
Endocrine Parathyroid Gland Point	200	Nicotine Analogue Point According to Bahr	228
Thyroid Gland Point	202	Aggression Point	230
Thymus Gland Point	202		
Endocrine Pancreas Point (Insulin Point).....	204		
Adrenal Gland Point (Cortisone Point).....	204		
Histamine Point (Allergy Point 1).....	206		

Bridging Point According to Bahr	230
Frustration Point	232
Psychotherapy Point According to Bourdiol.....	232
Analgesic Points	234
Thalamus Point.....	234
Prostaglandin E1 Point (PGE1 Point)	234
Laterality Point According to Bahr	236
<i>Shen Men</i> Point.....	238
Pain Memory Points According to Bahr	240
Cardinal Points	242
Cardinal Points—Overview ..	242
Prostaglandin E1 Point (PGE1 Point)—Corresponds to Cardinal Point GB-41 of Body Acupuncture	242
Thymus Gland Point—Corresponds to Cardinal Point TB-5 of Body Acupuncture ..	244
Lung Zone—Corresponds to Cardinal Point LU-7 of Body Acupuncture	244
Diazepam Analogue Point (Valium Point According to Bahr) –Corresponds to Cardinal Point KI-6 of Body Acupuncture...	246
Stellate Ganglion Point—Corresponds to Cardinal Point PC-6 of Body Acupuncture	246
Interferon Point—Corresponds to Cardinal Point SP-4 of Body Acupuncture	248
Retro-Celiac Plexus Point (Retro-Solar Plexus Point, Retro-Point Zero)—Corresponds to Cardinal Point SI-3 of Body Acupuncture	248
Pineal Gland Point—Corresponds to Cardinal Point BL-62 of Body Acupuncture	250
Energy Points	252
Master Point of Oscillation According to Bahr	252
Master Point of Regulation According to Bahr	252
Super Omega Point According to Bahr	254
Master Point of <i>Qi</i> Flow According to Bahr	254
Point Zero.....	256
Point GV-4.....	256
Focus Indicator Points.....	258
Focus Indicator Points According to Bahr—Overview.....	258
Histamine Point (Allergy Point 1).....	258
Cyclophosphamide Analogue Point (Endoxan Point According to Bahr, Allergy Point 2)....	260
Prostaglandin E1 Point (PGE1 Point)	260
Vitamin C Point	262
Laterality Point According to Bahr	262
Tissue Layer Control Points...	264
Tissue Layer Control Points—Overview	264

Indicator Points for Vitamins and Trace Elements	266	Auxiliary Lines through Point Zero	290
Indicator Points for Vitamins According to Bahr—Overview	266	Hormone Points	290
Indicator Points for Trace Elements According to Bahr—Overview	266	Cortisone Point, ACTH Point	290
Important Silver Points	268	Thymus Gland Point, Interferon Point, Laterality Point	292
Important Silver Points on the Dominant Ear	268	Spleen Point, Diazepam Analogue Point	292
Zone-Dominating Points	272	Depression Point, Tonsil Point, TMJ Point	294
Zone-Dominating Points—Overview	272	Trigeminal Nerve	294
Points Dominating Zone A (ZA Points)	276	First Rib Point	296
Points Dominating Zone B (ZB Points)	276	First Rib Point, Stellate Ganglion Point	296
Points Dominating Zone C (ZC Points)	278	Beta-1-Receptor Point	298
Points Dominating Zone D (ZD Points)	278	Endocrine Thyroid Gland Point	298
Points Dominating Zone E (ZE Points)	280	Auxiliary Lines near the Tragus	300
Points Dominating Zone F (ZF Points)	280	Diazepam Analogue Point	300
Points Dominating Zone G (ZG Points)	282	Phosphate Analogue Point	300
7 Auxiliary Lines of Ear		Nicotine Analogue Point, Pineal Gland Point	302
Acupuncture	285	Frustration Point	302
Barbiturate Point / Caffeine Point	287	Interferon Point	304
Barbiturate Analogue Point, Caffeine Analogue Point	286	Nose Point	304
Auxiliary Line through Omega Points	288	Aggression Point	306
Omega Points	288	ACTH Point	306
Aggression Point	288	Points of the Pituitary Gland Zone	308
		Gonadotropin Point	308
		Auxiliary Lines for Points of the Limbs	310
		Points of the Hip Joint, Knee Joint, Ankle Joint	310
		Wrist Point, Knee Joint Point	310
		Points of the Shoulder Joint, Elbow Joint, Wrist	312
		Kidney Point	312

Auxiliary Lines for Focus Indicator Points	314	9 Indications	335
Laterality Point	314	Indications—Overview	336
Cyclophosphamide Analogue Point (Allergy Point 2)	314	Disorders of the Locomotor System	338
Histamine Point (Allergy Point 1), Vitamin C Point	316	Headaches and Facial Pain	364
8 Meridians on the Ear	318	Allergic Disorders	373
LU/LI	320	Respiratory Disorders	378
Lung Meridian	320	Gastrointestinal Disorders	381
Large Intestine Meridian	320	Inflammatory and Functional Intestinal Disorders	383
ST/SP	322	Cardiovascular Diseases	386
Stomach Meridian	322	Disorders of the Urogenital System	391
Spleen Meridian	322	Hormonal Disorders	394
HT/SI	324	Autonomic Symptoms	398
Heart Meridian	324	Mental Health Disorders	402
Small Intestine Meridian	324	Addictions	405
BL/KI	326	Patient Information Leaflet: Permanent Needles	410
Bladder Meridian	326		
Kidney Meridian	326		
PC/TB	328	Appendix	412
Pericardium Meridian	328	Ear Topography	412
Triple Burner Meridian	328	Projection Zones, Points, and Meridians on the Ear	415
GB/LR	330	Indications	421
Gall Bladder Meridian	330		
Liver Meridian	330		
CV/GV	332		
Conception Vessel (<i>Ren Mai</i>)	332		
Governor Vessel (<i>Du Mai</i>)	332		