

## Contents

<b>1 Introduction to Bioregulatory Medicine</b> . . .	<b>1</b>	<b>2 Disease Development</b> . . . . .	<b>35</b>
Autoregulating Systems . . . . .	2	The Term Homotoxin . . . . .	35
Definition of an Autoregulating System . . . . .	2	The Homotoxicological Definition of Disease . . . . .	35
Set Point Objective and Fluctuating Reality . . . . .	3	The Disease Evolution Table (DET)	
Homeostasis . . . . .	3	as a Practical Instrument in Daily Practice . . . . .	36
Cybernetics: Negative, Positive, and Bipolar		The Embryonic Differentiation of Tissues	
Feedback Systems . . . . .	4	(DET Vertical Axis) . . . . .	37
Open and Closed Systems . . . . .	7	The Six Phases of Disease Evolution	
Wave Pattern within the Set Point Margins . . . . .	7	(DET Horizontal Axis) . . . . .	37
Examples of Autoregulating Systems . . . . .	9	Classification on the Table . . . . .	41
The Ground Regulation System		Decision Tree for Classification . . . . .	41
of Alfred Pischinger . . . . .	14	Consequences for Therapy . . . . .	42
Confirmation in Modern Histology . . . . .	16	Disease Evolution . . . . .	42
Different Terminology, Same Topic . . . . .	16	Health Evolution . . . . .	43
Detoxification of the Extracellular Matrix . . . . .	17		
Inflammation as an Autoregulating System . . . . .	19	<b>3 Preparation Groups</b>	
Biological Objectives of Inflammation . . . . .	19	<b>in Antihomotoxic Medicine</b> . . . . .	<b>45</b>
Mediators in Microdoses and		Plant Preparation Groups (PPGs) . . . . .	45
Nanodoses . . . . .	19	Mineral Preparation Groups . . . . .	45
Effects of Conventional Anti-inflammatory		Organ Preparation Groups	
Medications . . . . .	20	(Organ Regulators; ORGs) . . . . .	45
The Arndt–Schulz Rule . . . . .	21	Catalyst Preparation Groups (CPGs) . . . . .	46
Inflammation-regulating Drugs		Architecture of an Antihomotoxic Medication . . . . .	46
and Other Immunomodulators . . . . .	22	The Bürgi Principle . . . . .	46
The Greater Defense System . . . . .	24	Complementarity . . . . .	47
The Reticuloendothelial System (RES),		The Synergy of Components . . . . .	47
or the Mononuclear Phagocyte System . . . . .	24		
The Hypothalamus–Hypophysis–Suprarenal		<b>4 The Three Pillars</b>	
Cortex System . . . . .	27	<b>of Antihomotoxic Treatment</b> . . . . .	<b>49</b>
The Neural Reflex System . . . . .	31	Drainage and Detoxification . . . . .	49
Detoxification in the Liver . . . . .	31	Effects of Toxins in General . . . . .	50
The Matrix and the Mucosal Membranes . . . . .	33	Measurement of Toxicity . . . . .	51
The Merging of the Six Subsystems		Classes of Toxins . . . . .	51
of the Greater Defense System to Reach		The Physiology of Detoxification . . . . .	54
a Synergetic Concept . . . . .	33	The Organs of Detoxification	
		and Elimination . . . . .	61

Why Does a Person Need to Detoxify and Eliminate? .....	68	Treatment Planning .....	146
Immunomodulation .....	69	Dosage .....	146
Basic Actors of the Adaptive Immune System .....	70	Special Treatment Methods .....	147
Applied Homotoxicology and Immunomodulation .....	73	Ointment Dressings .....	147
Using Complexity in the Immune System .	76	Injection Therapies .....	147
Cell and Organ Support .....	78	Biopuncture .....	149
Cell Support .....	78	Tried and Tested Indications and Special Treatment Strategies .....	154
Organ Support .....	131	Respiratory Diseases .....	154
<b>5 Bioregulatory Medicine and Homotoxicology in Practice .....</b>	<b>145</b>	Autoimmune Diseases .....	156
Introduction .....	145	Diseases of the Locomotor System .....	156
Names of Preparations .....	145	Vascular Diseases .....	157
Availability of Medications .....	145	Skin Diseases .....	157
Selection of Medications .....	145	Heart Diseases .....	158
Dosage Forms .....	145	Liver Diseases .....	158
Case History .....	146	Gastrointestinal Diseases .....	159
		Urogenital Diseases .....	160
		Prospects .....	160
		<b>Index .....</b>	<b>161</b>